Jeanne Leclonin is familiar to a generation of home cooks as a pioneering vegetarian cookbook author whose books, including the James Beard Award-winning Quick Vegetarian Pleasures, represent accessible, reliable, and flavorful vegetarian recipes. Now, Leclonin returns to the cookbook shelf for the first time in more than ten years with this dramatic reinvention of her first book, originally published twenty-five years ago as Vegetarian Pleasures: A Menu Cookbook. Simply Satisfying's more than 200 seasonal recipes showcase readily available ingredients, particularly fresh vegetables, fruits, grains, and beans as well as straightforward techniques, global influences, and, most delectably and rewardingly, robust flavors. Here are Baked Macaroni
and Cheese with Cauliflower and Jalapeños, Fragrant Vegetable Stew with Corn Dumplings, Leek Timbales with White Wine Sauce, Baked Eggplant Stuffed with Curried Vegetables . . . and for dessert, Raspberry Almond Torte, Rhubarb Cobbler, and Cowboy Cookies. Each inviting dish is simple enough to be part of a weeknight meal and certain to satisfy vegetarians and non-vegetarians alike. Lemlin guides cooks through both everyday and special-occasion cooking by offering 50 menu suggestions, helping new vegetarians avoid the plateful of sides dilemma, and giving seasoned cooks new ideas for entertaining. And she includes personal tips and a chapter on making the basics from scratch. Whether you are a committed vegetarian or an omnivore who enjoys hearty meatless meals, Simply Satisfying may well become your most reliable, trusted source of recipes to make again and again.

Simply Satisfying Vegetarian Recipes You'll Related Books

The American Diabetes Association Vegetarian Cookbook: Satisfying, Bold, and Flavorful Recipes from the Garden
Motivated by his recent diagnosis of prediabetes, chef Steven Petusevsky has created a cookbook aimed at those who are new to vegetarianism and who want to lose weight and get their diabetes under control. The easy-to-follow American Diabetes Association Vegetarian Cookbook acts as a personal guide to a healthier lifestyle, from selecting flavorful seasonal vegetables and building a pantry to preparing the most delicious and satisfying vegetarian dishes inspired by global cuisine. New vegetarian...

Risotto: 30 Simply Delicious Vegetarian Recipes from an Italian Kitchen
Risotto, Italy’s most famous rice dish, is enjoyed the world over. It's utterly delicious and nutritious, versatile and economical; and can be prepared in only 20 minutes. 30 authentic risotto recipes; inspired by the regional cooking of Italy; in three simple chapters: Cheese, Beans and Vegetables.

Simply Italian: 100 Easy-To-Make, Zesty, Satisfying Favorites (Wisdom of the Midwives)
Whether you are a novice or an experienced cook, these dishes are easy to prepare, with many ready on the table in less than 30 minutes. By combining fresh, quality ingredients with convenient ready-to-use foods, Ruth Glick has translated complex cuisine into simple, easy recipes.

The Longevity Kitchen: Satisfying, Big-Flavor Recipes Featuring the Top 16 Age-Busting Power Foods [120 Recipes for Vitality and Optimal Health]
A collection of 125 delicious whole-foods recipes showcasing 16 antioxidant-rich power foods, developed by wellness authority Rebecca Katz to combat and prevent chronic diseases such as diabetes, heart disease, high blood pressure, inflammation, arthritis, and other conditions that plague American adults, enabling readers to live longer, healthier lives. Food is your most powerful tool. You want to make better nutritional choices, but the science of eating has become more complicated than ever. I...

New Food for Thought: Over 200 Recipes from London’s Original Vegetarian Restaurant (New Era in Vegetarian Cuisine)
Food for Thought has stood in the heart of Londons Convent Garden for nearly 30 years, maintaining a reputation for innovative and delicious vegetarian food within a quirky and friendly, family-run atmosphere. The basic formula has not changed in those three decades, but the role of vegetarianism has. More and more people are turning to vegetarian food for health reasons. Gone are the days of traditional pulses and meat substitutes: vegetarian eating now offers a deliciously healthy way to enjoy...

Student’s Vegetarian Cookbook, Revised: Quick, Easy, Cheap, and Tasty Vegetarian Recipes
Eat Your Vegetables! Some people are vegetarians because they think a meat-free diet is good for you. Some believe it’s good for the planet. Others just want tasty food; they want it cheap, they want it easy, and they want it now. Whatever your reasons, check out this books 135 great-tasting vegetarian recipes, including: Gingered Chinese Greens Stir-Fry Banana Bread Moroccan Stew Beer and Aztec Rice Chipotle-Black Bean Chili Curry in a Hurry Roasted Vegetable Rush Miso-Happy Soup Yogurt Fr...
Simply Vegan: Quick Vegetarian Meals

An extensive vegan nutrition section written by Reed Mangels, Ph.D. R.D., on topics such as Protein, Fat, Calcium, Iron, Vitamin B12, Pregnancy and the Vegan Diet. Over 160 Vegan recipes that can be prepared quickly.

Healthy Vegetarian Cookbook: The Best Of Meatless Vegetarian Recipes

If you want to lower your cholesterol, prevent heart disease and lose weight, eating the right food is the best medicine. Eating healthfully is a challenge for those with fast-paced lives; many studies have shown that vegetarians seem to have a lower risk of heart attack, obesity, high blood pressure, diabetes mellitus, and some forms of cancer. Lots of people have cut out dairy, meat and oils and seen remarkable results. If you're among them or you'd like to be you need this cookbook. Each recipe...

Clean Eating for Busy Families: Get Meals on the Table in Minutes with Simple and Satisfying Whole-Foods Recipes You and Your Kids Will Love-Most Recipes Take Just 30 Minutes or Less!

All moms know what a struggle it can be to get dinner on the table night after night you want to prepare healthy meals for your family, but picky eaters, busy schedules, and way-too-long cooking times always seem to stand in your way. Clean Eating for Busy Families takes the challenge out of putting delicious food on the family table on a nightly basis by providing you with a clear plan for dinner success. With streamlined weekly grocery lists, simple-yet-delicious recipes, and practical tips for ...

Virgin Vegan Everyday Recipes: For Satisfying Your Appetite

Quick and easy solutions for breakfast, lunch, and dinner. New followers of a plant-based diet are often overwhelmed with the ingredients, recipes, and choices of a vegan lifestyle. And, they often miss their favorite dishes from their old way of eating. Donna and Anne have created a cookbook that explains terms and new food items along with taking common comfort foods and quick recipes and making them vegan approved. With more than 100 recipes that include Pineapple Upside-Down Pancakes, Potato...

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