The Omnivore's Dilemma: A Natural History Of Four Meals is written by Michael Pollan in English language. Release on 2007-08-28, this book has 450 page count that enfold helpful information with easy reading experience. The book was published by Penguin, it is one of best cookbooks, food & wine book genre that gave you everything love about reading. You can find The Omnivore's Dilemma: A Natural History Of Four Meals book with ISBN 0143038583.
One of the New York Times Book Review's Ten Best Books of the Year Winner of the James Beard Award Author of #1 New York Times Bestsellers In Defense of Food and Food Rules Today, buffeted by one food fad after another, America is suffering from what can only be described as a national eating disorder. Will it be fast food tonight, or something organic? Or perhaps something we grew ourselves? The question of what to have for dinner has confronted us since man discovered fire. But as Michael Pollan explains in this revolutionary book, how we answer it now, as the dawn of the twenty-first century, may determine our survival as a species. Packed with profound surprises, The Omnivore's Dilemma is changing the way Americans think about the politics, perils, and pleasures of eating. “Thoughtful, engrossing ... You’re not likely to get a better explanation of exactly where your food comes from.” -The New York Times Book Review "An eater's manifesto ... [Pollan's] cause is just, his thinking is clear, and his writing is compelling. Be careful of your dinner!” -The Washington Post "Outstanding... a wide-ranging invitation to think through the moral ramifications of our eating habits." -The New Yorker "If you ever thought ‘what’s for dinner?’ was a simple question, you'll change your mind after reading Pollan's searing indictment of today's food industry—and his glimpse of some inspiring alternatives.... I just loved this book so much I didn't want it to end.” -The Seattle Times Michael Pollan’s newest book Cooked: A Natural History of Transformation—the story of our most trusted food experts culinary education—was published by The Penguin Press in April 2013.

The Omnivore's Dilemma

Natural History Related Books

Ferdinand Bauer: The Australian Natural History Drawings (Art in Natural History Series, Book 1)
A biography of one of the pioneers of botanical and natural history art showcases Bauer's drawings made on a historic 1801 voyage to Australia. His attention to detail gave scientists an excellent study of Australian plants and animals. Most of these drawings and watercolors have never before been published.

Sierra Nevada Natural History (California Natural History Guides)
The magnificent and much-loved Sierra Nevada, called the "Range of Light" by John Muir, is the dominant feature on the California landscape. First published forty years ago, this handbook has become an enduring natural history classic, used by thousands to learn more about virtually every aspect of this spectacular mountain range—from its superb flora and fauna to its rugged topography. Comprehensive yet concise and portable, the book describes hundreds of species: trees and shrubs, flowering pla...

Who Wants Seconds?: Sociable Suppers for Vegans, Omnivores & Everyone in Between
Caterer, artist, permaculturist, and master food preserver Jennie Cook shares a lifetime of favorite recipes in this gorgeous hand-illustrated and photographed visual-journal-style cookbook. Emphasizing the joy of sharing simple but delicious dinners at home with family and friends, Who Wants Seconds? is rich with personality, advice, color, and updated classic American recipes, with equal appeal to vegans and omnivores. Sidebars provide a wealth of spot-on advice for entertaining, as well as wi...

A Natural History of Australia (Natural World)
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In this comprehensive and abundantly illustrated book, Allan Schoenherr describes a state with a greater range of landforms, a greater variety of habitats, and more kinds of plants and animals than any area of equivalent size in all of North America. "A Natural History of California" will familiarize the reader with the climate, rocks, soil, plants and animals in each distinctive region of the state.

Skin: A Natural History

We expose it, cover it, paint it, tattoo it, scar it, and pierce it. Our intimate connection with the world, skin protects us while advertising our health, our identity, and our individuality. This dazzling synthetic overview is a complete guidebook to the pliable covering that makes us who we are. Skin: A Natural History celebrates the evolution of three unique attributes of human skin: its naked sweatiness, its distinctive sepia rainbow of colors, and its remarkable range of decorations. Jablo...

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The Poetics of Natural History

The Poetics of Natural History is about the "daydreams" of early American naturalists (from 1730 to 1868) and the collections they created around these dreams. Christoph Irmscher explores how, through the acts of organizing physical artifacts and reflecting upon their collections through writings and images, naturalists from John Bartram to Louis Agassiz were making sense of themselves and their world. These collections allowed them, in a way, to collect themselves. In the first part of his book...

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